

# St. Anne's Catholic Primary School



	Curriculum Overview: PE					
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE – Locomotion	Body Control (Gymnastics)	Object Control (Throwing & Catching)	Locomotor (Running & Jumping)	Athletics	Striking & Kicking
Year 1	Ball skills – Feet	Dance	Gymnastics	Striking (Tri-golf)	Gymnastics	Racket & ball games
	Running & jumping	Throwing & Catching	Circuit Training	Dance	Athletics	Attacking & Defending (Bench Ball)
Year 2	Gymnastics	Dance	Gymnastics	Throwing & Catching (Bench ball)	Dance	Ball skills – Feet (Football)
	Attacking & Defending (Dodgeball)	Yoga	Circuit Training	Striking (Badminton)	Athletics	Striking & Fielding (Cricket)
Year 3	Gymnastics	Dance	Gymnastics	Circuit Training	Athletics	Swimming
	Football	Netball	Net and Wall Games (Tennis)	Dodgeball	Cricket <i>Cheshire Cricket</i>	Dance
Year 4	Gymnastics	Dance	Gymnastics	Dance	Tag Rugby	Football
	Netball	Hockey	Circuit Training	Badminton	Athletics	Outdoor & Adventurous Activity
Year 5	Gymnastics	Dance	Gymnastics	Circuit Training	Swimming	Football
	Tag Rugby	Basketball	Handball	Athletics	Cricket <i>Cheshire Cricket</i>	Tennis
Year 6	Gymnastics	Dance	Gymnastics	Football	Mental Health First Aiders	Outdoor & Adventurous Activity
	Hockey	Netball	Circuit Training	Tag Rugby	Athletics	Rounders