

St. Anne's Catholic Primary School



	Curriculum Overview: PE					
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE – Locomotion	Body Control (Gymnastics)	Object Control (Throwing & Catching)	Locomotor (Running & Jumping)	Athletics	Striking & Kicking
Year 1	Kicking	Dance	Gymnastics	Catching	Gymnastics	Striking
	Running	Throwing	Jumping	Dance	Athletics	Attacking & Defending
Year 2	Gymnastics	Dance	Gymnastics	Throwing & Catching	Striking & Fielding	Kicking
	Running & Jumping	Attacking & Defending	Circuit Training	Dance	Athletics	Outdoor Adventurous Activity
Year 3	Gymnastics	Dance	Gymnastics	Circuit Training	Athletics	Swimming
	Football	Netball	Dance	Dodgeball	Cricket <i>Cheshire Cricket</i>	Outdoor Adventurous Activity
Year 4	Gymnastics	Dance	Gymnastics	Dance	Tag Rugby	Football
	Netball	Hockey	Circuit Training	Badminton	Athletics	Outdoor Adventurous Activity
Year 5	Gymnastics	Dance	Gymnastics	Circuit Training	Swimming	Football
	Tag Rugby	Netball	Dodgeball	Athletics	Cricket <i>Cheshire Cricket</i>	Outdoor Adventurous Activity
Year 6	Football	Gymnastics	Dance	Gymnastics	Tennis/ Rounders	Mental Health First Aiders
	Hockey	Netball	Circuit Training	Tag Rugby	Athletics	Outdoor Adventurous Activity